



Employee Engagement is more than just a mindset - it's the differentiator between success and failure

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With teams being a combination of remote and onsite, an impactful employee engagement program is more critical than ever. Stress, anxiety, depression, and employee discontent are at a reported all-time high.

Employees are directly asking for more support with mental wellness. Employee Engagement has become more than being just a mindset, **it is the difference between success and failure.**

The answer to this is having a robust and effective **Employee Engagement Program (EEP)**. True employee

engagement is a combination of initiatives that show commitment to your employee, their well-being and future growth. The key to keeping them connected and productive is making them feel invested in and a valuable asset to your organization.

This is where **Unparalleled Performance (UP)** comes in. Unparalleled Performance is a results-driven personal, professional and leadership development company that focuses on helping individuals achieve balance in their life through our unique **5Ls** training program.



The **5Ls** is a simplistic, science-supported program that gives individuals the guidance to deal with stress and crisis for a balanced life. Unparalleled Performance is changing people's lives by delivering the **5Ls** through (virtual or in person) customized: keynote speeches, webinars, and trainings.

Combining over 70 years of global business and people development expertise across multiple industries, has given rise to this truly dynamic and different development practice. This vast knowledge and passion allows our organization to pinpoint our client's needs and deliver exceptional results.

The **5Ls** is the brainchild of Sal LaGreca. After being admitted to the partnership at KPMG, he attended a Harvard Executive Leadership Conclave with some of the top global business leaders focusing on the key components for success in business. This experience ignited the thought process for Sal that would lead him to the creation of the **5Ls**.

It has recently gained recognition as the result of a meeting between Sal and Mike Mannix, also a global executive and a well-known leadership expert at New York University (NYU). Once Mike heard the **5Ls** concept, based on his experience in people development and leadership training, he knew immediately the impact it could make on people's lives.

Unparalleled Performance facilitates the continuous pursuit of achieving balance in five essential life elements. **None of them can stand alone.** Knowing where you are lacking and need to focus with respect to these essential life elements is the essence of the **5Ls** brand.

Here are the **5Ls**:

LOVE

Self-love, oxygen mask methodology – you cannot help others until you help yourself

LAUGHTER

Stress management – do not take yourself too seriously

LABOR

Passion and purpose - the health benefits of loving what you do

LEISURE

'Me time', disconnect, recharge, exercise - clearer minds = better decisions

LEAVE

Knowing how and when to pivot – manage change and adjust the sails

Invest in and protect your most important asset: Your Team

Real life learning lessons for real life application

The first step to your customized **Unparalleled Performance EEP** is our cornerstone **5Ls Training**.

This investment in your team will reinforce your commitment to their well-being and success. Empowering your team with this expert-level knowledge will **connect them to you, re-energize them and make them more productive**.

Additional **5Ls** training helps further develop and engage your team. Optimize your employee engagement efforts with one of our customized sessions or build out a series based on your specific needs.

Whether **virtual or in-person**, our tailored seminars, presentations, and trainings, will provide your team with a truly unique and unforgettable experience. Once connected to **Unparalleled Performance**, your teams will have **VIP access to the members section** of our website which will provide them with ongoing support and information.

Services

We provide a range of services, virtual or in person



Customized Training



Webinars / Seminars



Keynote / Motivational Speaking



It's this simple:

happy, work-life balanced
employees

=

engagement, retention,
and productivity

What People are Saying

"I believe the 5Ls carries a message that people need to hear. It's reassuring to know that people like Sal and Mike are out there as beacons, pointing the way forward to those wandering about in today's gloom."

Retired 3-Star General – United States Army

"I have been a Marketing and Business professional for over 10 years and have had the opportunity to attend many career improvement courses. I strongly recommend this course to all those who seek greater understanding and development of their abilities, aiming for greater prominence, innovation and success in a competitive world full of opportunities."

Head of Communications & Public Relations at L'Oréal

"The concept of the 5Ls was amazing! I felt like it was so attainable and made the thought of being a Leader and having balance in my life less scary. It is more about touching lives in a meaningful way.

Thank you for sharing, everyone at the event loved it!"

Program Administrator – New York University



For more information, contact (516) 514-0055 or info@unparalleledperformance.com

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